

Key Stage 3 and 4 Curriculum Map

		Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Year 7 1 hour per week	CURRICULUM Relationships Starting at secondary school Teamwork and managing conflicts Learning from mistakes	Health and Wellbeing Talking about feelings Mental health and stigma Mood	Relationships Identity Stereotypes	Relationships Impacts of prejudice and discrimination Families Healthy Relationships	Health and Wellbeing Bereavement Social and emotional changes during puberty Body Image	Living in the Wider World Travel safety Personal safety and first aid	
	CURRICULUM CAROUSEL These modules are delivered on a carousel rotation.	Living in the Wider World (Careers) What's school all about? This is my story This is me today Looking ahead The power of stereotypes	Health and Wellbeing Fit and active Food choices Personal hygiene Healthy sleep	Relationships Friendship and empathy Bullying and bystanders Friendship challenges Similarities, differences and peer influence	Living in the Wider World Your online personality Social media Online bullying Harmful online behaviour		
Year 8 1 hour per fortnight	CURRICULUM Living in the Wider World Identity and community Bias and stereotypes Discrimination and protected characteristics Values and constructive disagreement	Health and Wellbeing Caffeine and energy drinks Tobacco and vaping Alcohol and risk	Relationships Healthy online relationships Hurtful behaviours Relationship values	Relationships Influences on relationships expectations Understanding changing relationships Roles in the family	Health and Wellbeing Taking responsibility for my health Unhealthy comparison Sleep and relaxation	Living in the Wider World Gangs and county lines Grooming and online safety Gambling	
Year 9 1 hour per fortnight	CURRICULUM CAROUSEL These modules are delivered on a carousel rotation.	Health and Wellbeing Stress, anxiety and depression Unhealthy strategies, warning signs and triggers Developing self-esteem	Living in the Wider World (Careers) GCSE options preparation	Relationships Nude image sharing Sex and consent Sexual harassment	Living in The Wider World Right-wing extremism Are right-wing views persuasive to young people Sharing stories to prevent extremism	Living in the Wider World Substances and the media Different online behaviour Respectful online relationships	
Year 10 1 hour per fortnight	CURRICULUM CAROUSEL These modules are delivered on a carousel rotation.	Relationships Legal status of marriage Parenting Family Conflict Domestic Abuse	Health and Wellbeing Language and negative thoughts Helping a friend Change, loss and grief Cancer prevention	Relationships Misogyny, causes and consequences Violence against women and girls Communication and readiness Pressure, persuasion and coercion	Living in the Wider World (Careers) Big decisions Self-awareness Qualifications and the job market Working environments and CV's		
Year 11 1 hour per fortnight	CURRICULUM Health and Wellbeing Keeping active Safe and effective strength training Healthy eating on a budget Harmful digital content	Relationships County lines Why do people choose to have a sexual relationship? Safer sex	Relationships Pregnancy outcomes Sexual relationships and the law Pornography Online blackmail	Health and Wellbeing Substance use and assessing risk Substance use and managing influence	Living in the Wider World Valuing diversity Understanding and preventing extremism How are people drawn into extremist groups?	EXAMS	

Key Stage 3 and 4 External Provision and Workshops

	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
YEAR 7		LIVES First Aid Training	Money & Finance Workshop	Stay Safe Day Alcohol/drug awareness Antisocial behaviour Road safety Healthy relationships Online safety Smashed Live Alcohol awareness programme	Positive Health Sex Education	
YEAR 8		Drugsline	Positive Health Sex Education	Smashed Live Alcohol awareness programme		
YEAR 9		Gamcare	Positive Health Sex Education	Stay Safe Day Fire safety Online Safety Drugs awareness County lines and knife crime Cyber Stalking		
YEAR 10		Drugsline Gamcare		Positive Health Sex Education	LIVES First Aid Training	
YEAR 11		Drugsline	Passenger Safety	Positive Health Sex Education		